



APA

750 First St. NE
Washington, DC 20002

American Psychological Association

Positive Psychotherapy: A Strengths-Based Approach

Survey Evaluation Results

In the attachment you will find the evaluation results of the survey .

The evaluation consist of the following areas:

- Assessment of Learning Outcomes
- General Continuing Education questions
- Feedback

If you have any further questions do not hesitate to contact me.

Thank you,
Marcia

Positive Psychotherapy: A Strengths-Based Approach

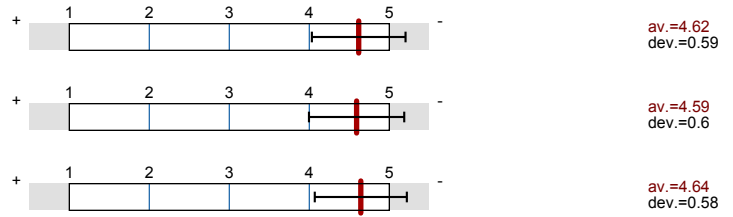
Tayyab Rashid, PhD (WS #153)
No. of responses = 33



Overall indicators

Global Index

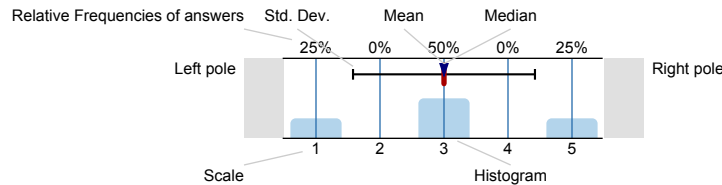
1. Assessment of Learning Outcomes: Based on the content of this workshop, I am able to:
2. Please rate the statements in items 2.1-2.10 based on the scale provided.



Survey Results

Legend

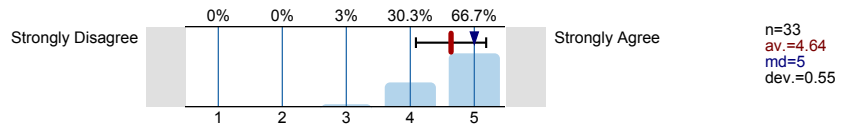
Question text



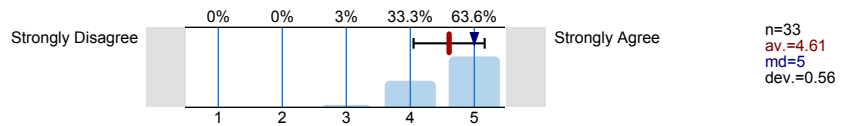
n=No. of responses
av.=Mean
md=Median
dev.=Std. Dev.
ab.=Abstention

1. Assessment of Learning Outcomes: Based on the content of this workshop, I am able to:

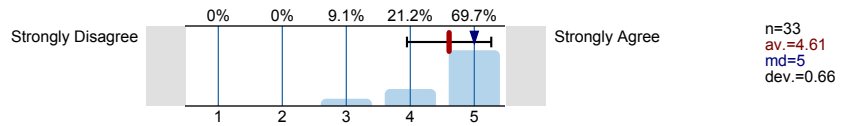
- 1.1) Explain theoretical foundations of a strength-based positive psychotherapy.



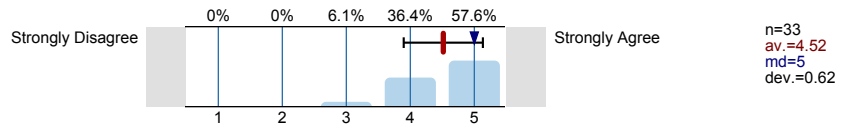
- 1.2) Demonstrate that accentuating positive emotions, character strengths and meaning is empirically linked with therapeutic effectiveness.



- 1.3) Apply strategies of identifying and using strengths, in conjunction with management of symptoms.

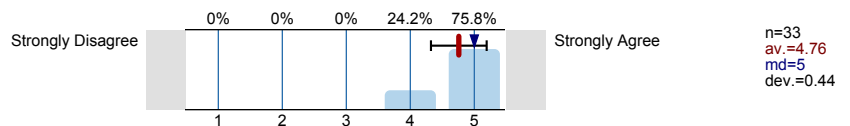


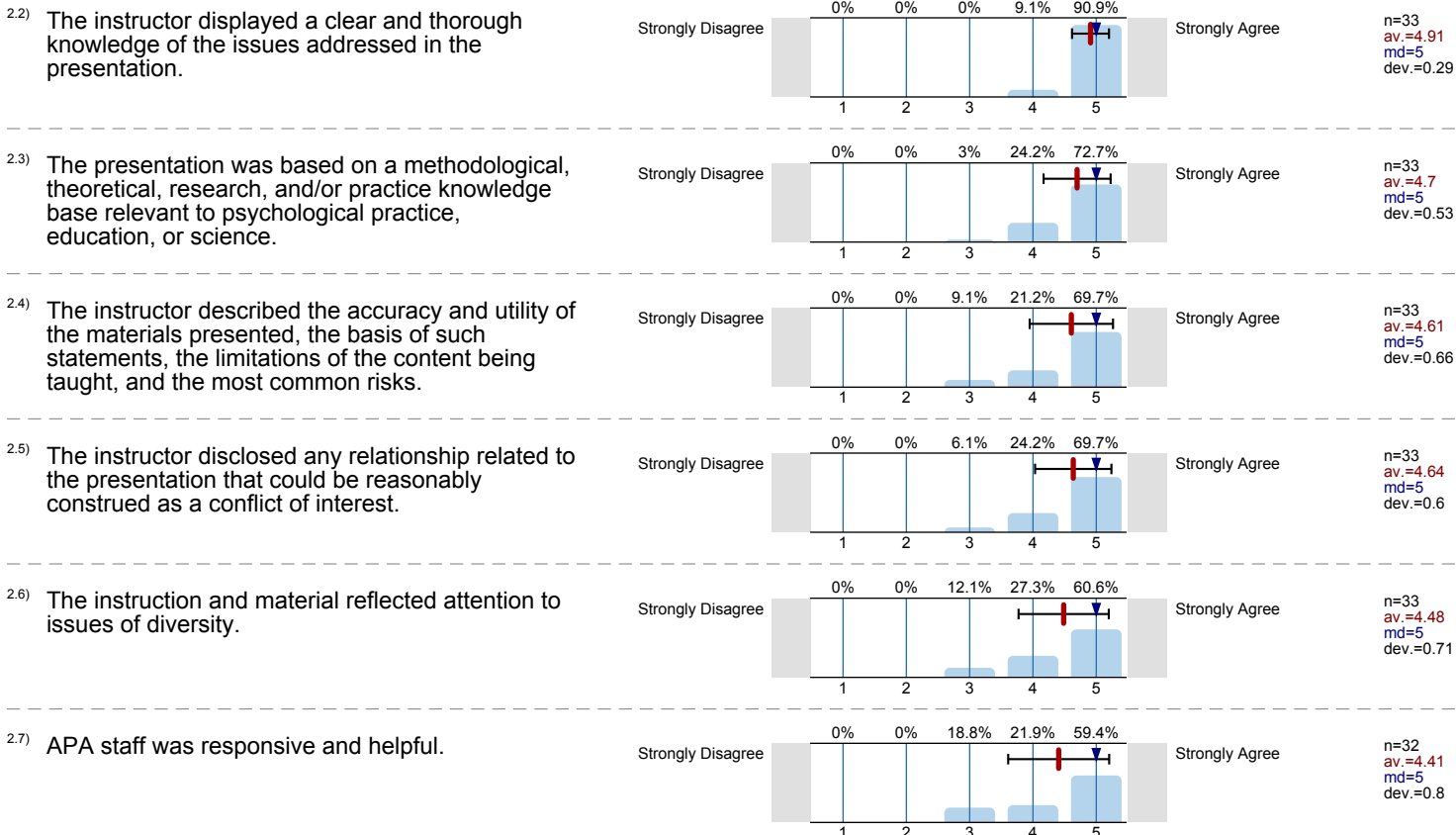
- 1.4) Discuss nuanced therapeutic process which incorporates strengths without dismissing negative attributes and cultural factors.



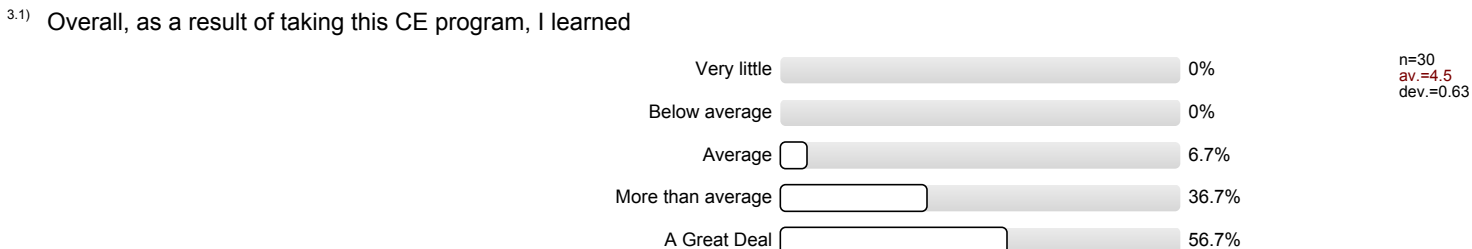
2. Please rate the statements in items 2.1-2.10 based on the scale provided.

- 2.1) The material was presented clearly, effectively, and in an organized manner.

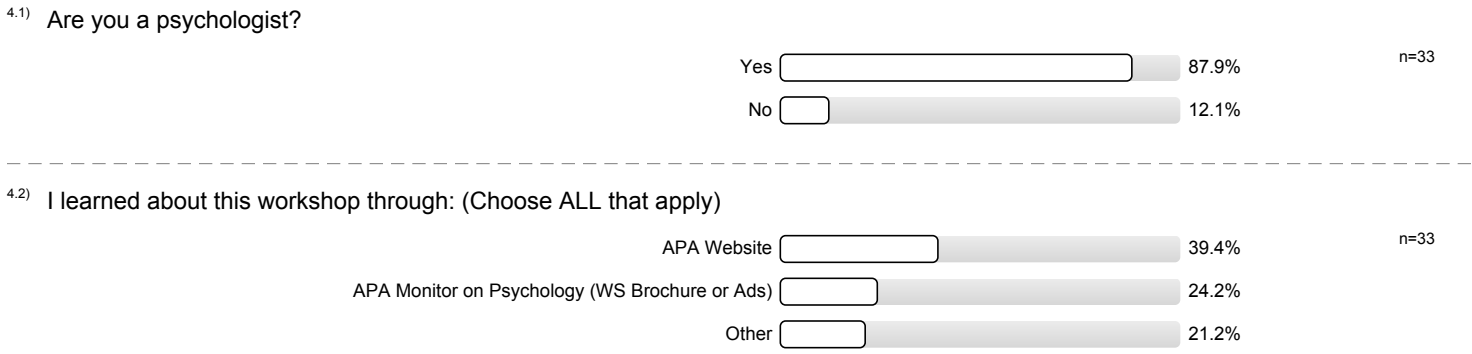




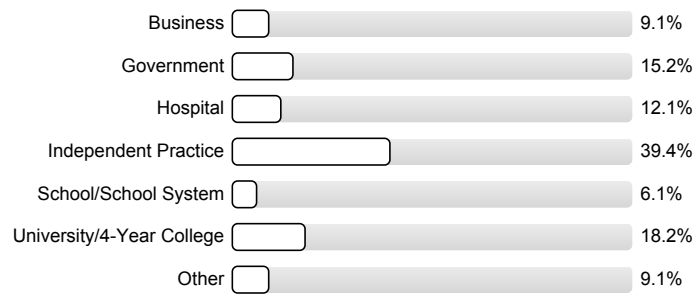
3. Overall



4. Demographic



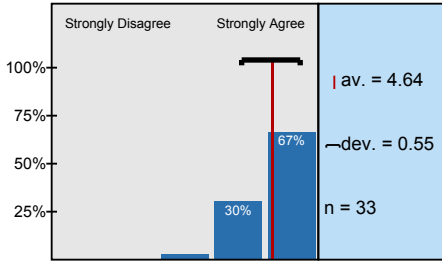
4.3) My employment setting(s) include: (Choose ALL that apply)



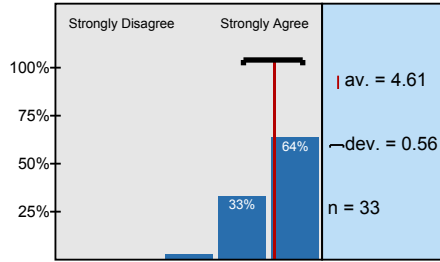
n=33

Histogram for scaled questions

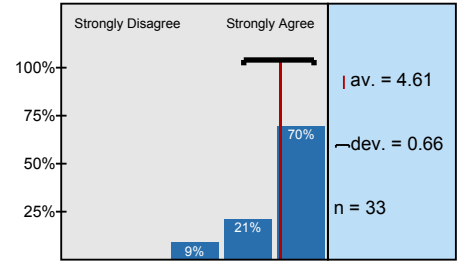
Explain theoretical foundations of a strength-based positive psychotherapy.



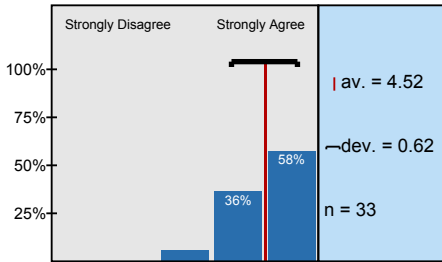
Demonstrate that accentuating positive emotions, character strengths and meaning is empirically linked



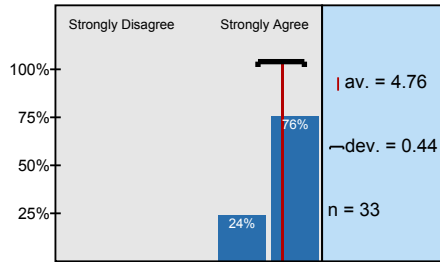
Apply strategies of identifying and using strengths, in conjunction with management of symptoms.



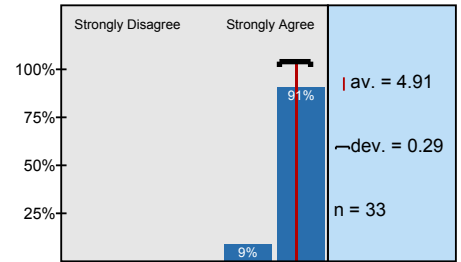
Discuss nuanced therapeutic process which incorporates strengths without dismissing negative



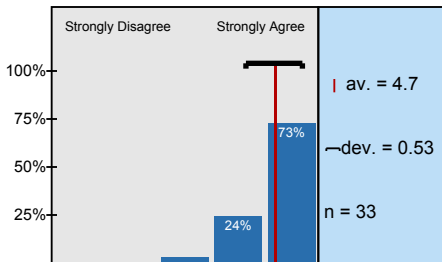
The material was presented clearly, effectively, and in an organized manner.



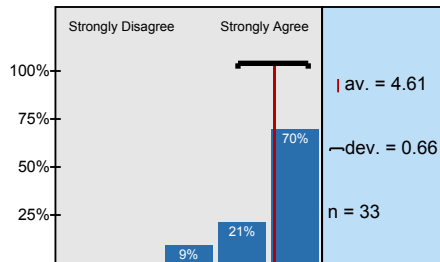
The instructor displayed a clear and thorough knowledge of the issues addressed in the presentation.



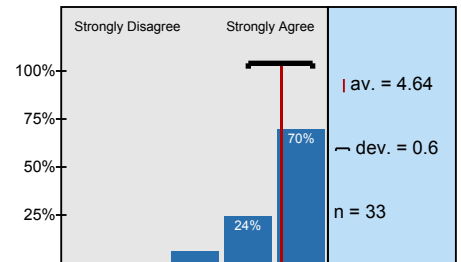
The presentation was based on a methodological, theoretical, research, and/or practice knowledge base



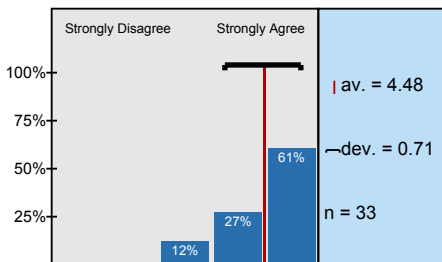
The instructor described the accuracy and utility of the materials presented, the basis of such statements, the



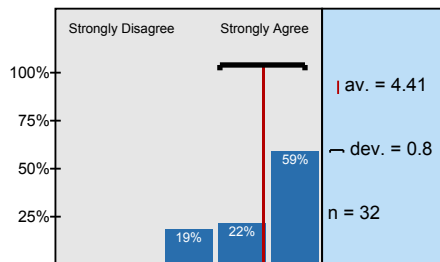
The instructor disclosed any relationship related to the presentation that could be reasonably construed as a



The instruction and material reflected attention to issues of diversity.



APA staff was responsive and helpful.



Profile

Subunit: 2011 APA Convention-Washington, DC
 Name of the instructor: Positive Psychotherapy: A Strengths-Based Approach
 Name of the course: Tayyab Rashid, PhD
 (Name of the survey)

1. Assessment of Learning Outcomes: Based on the content of this workshop, I am able to:

1.1) Explain theoretical foundations of a strength-based positive psychotherapy.	Strongly Disagree		Strongly Agree	n=33 av.=4.64
1.2) Demonstrate that accentuating positive emotions, character strengths and meaning is empirically linked with therapeutic effectiveness.	Strongly Disagree		Strongly Agree	n=33 av.=4.61
1.3) Apply strategies of identifying and using strengths, in conjunction with management of symptoms.	Strongly Disagree		Strongly Agree	n=33 av.=4.61
1.4) Discuss nuanced therapeutic process which incorporates strengths without dismissing negative attributes and cultural factors.	Strongly Disagree		Strongly Agree	n=33 av.=4.52

2. Please rate the statements in items 2.1-2.10 based on the scale provided.

2.1) The material was presented clearly, effectively, and in an organized manner.	Strongly Disagree		Strongly Agree	n=33 av.=4.76
2.2) The instructor displayed a clear and thorough knowledge of the issues addressed in the presentation.	Strongly Disagree		Strongly Agree	n=33 av.=4.91
2.3) The presentation was based on a methodological, theoretical, research, and/or practice knowledge base relevant to psychological practice, education, or science.	Strongly Disagree		Strongly Agree	n=33 av.=4.7
2.4) The instructor described the accuracy and utility of the materials presented, the basis of such statements, the limitations of the content being taught, and the most common risks.	Strongly Disagree		Strongly Agree	n=33 av.=4.61
2.5) The instructor disclosed any relationship related to the presentation that could be reasonably construed as a conflict of interest.	Strongly Disagree		Strongly Agree	n=33 av.=4.64
2.6) The instruction and material reflected attention to issues of diversity.	Strongly Disagree		Strongly Agree	n=33 av.=4.48
2.7) APA staff was responsive and helpful.	Strongly Disagree		Strongly Agree	n=32 av.=4.41

Comments Report

5. Feedback

5.1) Please provide additional comments below such as, strengths, weaknesses, and recommendations for future CE workshops.

Good use of space for this workshop. The previous 3 I attended this week were much too crowded. Also, breakfast better today - still should've included something w/ some real fiber, but good that we had the eggs for protein.

Very well needed, but a full-day workshop would be better.

Mr. Kas was encouraging, gave you a lot of encouragement. I hope to take a longer workshop of his.

TOO much from the attendees I prefer to hear more from the presenter.

Language was a barrier as I am somewhat hard of hearing. Instructor could speak louder for more. Awesome program!

This was a wonderful presentation. Mixing didactics with experiential exercises was great. I would have enjoyed going a little quicker through first half of presentation to dig deeper.

Outstanding presentation skills,

plus very generous sharing of material.

This was a most outstanding workshop, possibly your best and most clinically helpful one I've ever attended. Thank you!

Very important that our society (APA) learn to focus upon this area that encompasses the majority of one's life.

- this ~~workshop~~ would be better as a full-day workshop. We just looked at the surface of the concepts & interventions. It would have been nice to get into more.

Tayyab is cool!

Very useful for clinical work. Keep researching it.
Tommas